



## ITEMS TO BRING (Bedding option)

## All participants must bring the following items:

- Sun hat/cap
- Sunscreen
- · Water Bottle
- Old clothes for duration of camp
- Running Shoes/Walking Shoes
- Torch
- Swimwear
- Own Medication

- Insect Repellent (optional)
- Rain Coat
- · Warm Jacket or Tracksuit
- Pocket Money
- Musical Instrument (optional)
- Towel and Toiletries
- A smile

## The following items are not allowed. Any person not abiding by the rules will be asked to leave the farm immediately:

- Radio
- Ipods
- Cigarettes/drugs
- Matches
- Lighters
- Alcohol
- Firearms and weapons



## **PLEASE NOTE**

- No safety deposit boxes, please leave all valuables at home
- We provide bedding, cutlery and crockery

