



ITEMS TO BRING (Own bedding)

All participants must bring the following items:

- Sun hat/cap
- Sunscreen
- Water Bottle
- Old clothes for duration of camp
- Running Shoes/Walking Shoes
- Torch
- Swimwear
- Own Medication
- Insect Repellent (optional)
- Rain Coat
- Warm Jacket or Tracksuit
- Pocket Money
- Musical Instrument (optional)
- Towel and Toiletries
- A smile

**The following items are not allowed.
Any person not abiding by the rules
will be asked to leave the farm
immediately:**

- Radio
- Ipods
- Cigarettes/drugs
- Matches
- Lighters
- Alcohol
- Firearms and weapons



PLEASE NOTE

- No safety deposit boxes, please leave all valuables at home
- We provide cutlery and crockery
- Provide your own bedding

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